



28 Belgravia Street, BELMONT WA 6104  
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Issue 1 | January 2018

## Spirit News

We are now in Week 5 of Term 1 and I hope everyone is feeling settled; by now all athletes should have paid 2018 membership and term fees or be on an ezidebit plan. Please also make sure that you have completed and handed in a 2018 membership form to reception.

As always if you have any issues please speak to you coach directly or contact Samantha at reception on 6364 0334 or [egygnastics@inet.net.au](mailto:egygnastics@inet.net.au)

## Volunteer Section

We are always looking for volunteers and parents wanting to help out and give back to the Club and provide the athletes with the best possible experience. From judging to floor managing at competitions there are a number of different volunteering opportunities throughout the year which the Club requires assistants. If you are interested or would like to volunteer at any of these events, please email Samantha at [egygnastics@inet.net.au](mailto:egygnastics@inet.net.au) for further information.

### Judges Wanted!

Have you ever thought about judging gymnastics? Spirit need parent volunteers to help judge at competitions. There are many avenues that you can take, from beginner classes all the way to advanced and FIG classes and it does not matter that you have never had any prior experience. We provide all the learning tools needed to pass the course, as well as **reimbursement** for the cost of the course. If you are interested in becoming a judge or volunteering for different events, please email Debbs at [spiritgymnsports@hotmail.com](mailto:spiritgymnsports@hotmail.com) for more information.

### Upcoming Judges Courses

Sport Acrobatics Beginner Judging Course - 11<sup>th</sup> March  
Closing date 5<sup>th</sup> March

Aerobic Gymnastics Beginner Judging Course - 10<sup>th</sup> June  
Closing date 4<sup>th</sup> June

### Gymnastics WA Paid Volunteers:

Gymnastics WA in 2018 will now have paid floor manager positions, these positions will be filled with experienced floor managers whom GWA believe perform extremely well in the role.

### Squad Try-Outs

We are currently offering free squad try outs. We have sessions available for boys and girls of all ages. Please contact the club office or Caroline for more details.

### 2018 Age Group World Championships Trial

Spirit Gymsports wishes Elyse Palmer and Rebecca Osborne good luck at the upcoming Age Group World Championships trial in Sydney from the 17<sup>th</sup> – 18<sup>th</sup> March. If selected the girls will travel to Portugal in June to represent Australia. An amazing achievement to be able to attend this trial competition.

Annual Theme: **‘Gymnastics does not build character, it reviles Character’**

### Monthly Quote

“You can’t win unless you learn how to lose”-  
*Unknown*

### 2018 Term Dates

T1: Monday 5<sup>th</sup> February -  
Sunday 15<sup>th</sup> April

T2: Monday 30<sup>th</sup> April –  
Sunday 1<sup>st</sup> July

T3: Monday 16<sup>th</sup> July –  
Sunday 23<sup>rd</sup> September

T4: Monday 8<sup>th</sup> October –  
Sunday 16<sup>th</sup> December

### 2018 Public Holidays

Labour Day – Monday 5<sup>th</sup>  
March

Good Friday – Friday 30<sup>th</sup>  
March

Easter Long Weekend –  
Saturday 31<sup>st</sup> & Sunday 1<sup>st</sup>  
April

Easter Monday – Monday  
2<sup>nd</sup> April



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### 2018 Suzuki World Cup

Big congratulations to Rebecca Osborne who has qualified onto the Aerobics Australian team as an Age Group 1 individual athlete for the 2018 Suzuki World Cup in Tokyo. We can't wait to see her perform on the international stage!

### Spirit GymSports Club Polo Shirts

A reminder that all 2018 aquad members aged 5+ will receive a free club polo shirt with payment of 2018 membership and a completed form.

### Make-up lessons

As Monday 5<sup>th</sup> March is labour day please be aware that all recreational classes (wrigglers, GymFun, GymSkills & Lil Ninja) will receive a make up lesson to be used in Term 1. Please pop to reception to book this in.

Squad athletes (including cheerleading) will be provided a make up lesson during the upcoming school holidays.

### 2018 Gymnastics WA Membership

As you may be aware of, all Gymnastics WA registered Athletes and Technical Members get free spectator entry into events. Technical Members gain free entry by showing ID to our Customer Service Officers on the door (who have a list of all current Tech Members) and athletes gain free entry by showing their membership cards.

However, in 2018 Gymnastics WA are no longer supplying cards to members and instead are in the process of rolling out our new Member App, which contains amongst other things, an athlete's membership 'card'. Athletes attending events as a spectator in 2018 will simply need to show their membership card via the app to gain free entry. The member app is due to roll out next week, which is very exciting.

### General Reminder

Please remember that all athletes for training need to have neat hair, bring a drink bottle, remove all jewelry, and bring any additional items such as tissues, Panadol, spare hair elastics or bobby pins. It is compulsory for squad athletes to wear a leotard to all training sessions. Please also make sure that you are collecting your children on time.

### Emily Little Prize Packs

Keep an eye out on our facebook page <https://www.facebook.com/spiritgymnsports/> for the announcement of winners of our Emily Little Prize packs being drawn each week for paid members of Spirit Gymnsports!

### Acrobatics Trials

Spirit Gymnsports wishes Tiana, Kate and Em the best of luck in the upcoming Acrobatics trial.

### Get Well Hannah

We want to wish a speedy recovery to Spirit acrobatics athlete Hannah who has unfortunately had an accident within the past few days.

### Best Wishes

Best wishes to Jac and her family on the upcoming birth of their third child. We can't wait to meet him!

Annual Theme: **'Gymnastics does not build character, it reviles Character'**

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## Results Section

### Aerobics Qualification Competition #1

- **Aerodance Junior**  
- Nicole Trofimczyk 1<sup>st</sup>
- **Level 6**  
- Kate Belladonna 2<sup>nd</sup>
- **Level 7**
  - Rylee Poole 1<sup>st</sup>
  - Phoebe Dyson 2<sup>nd</sup>
  - Dyson/Poole Multiple 1<sup>st</sup>
  - Megan Hockaday 1<sup>st</sup>
- **Level 8**  
- Emma Spence 1<sup>st</sup>
- **Age Group 1**  
- Rebecca Osborne 1<sup>st</sup>
- **Age Group 2**
  - Charlie Singleton 1<sup>st</sup>
  - Elyse Palmer (injured)
- **Senior Elite**  
- Giveney How 2<sup>nd</sup>



## Coach Details

Please contact Caroline, Debbs, or Samantha for any issues relating to training times, coaching issues and schedules.

Caroline: [carolinewickens@outlook.com](mailto:carolinewickens@outlook.com)

Samantha: [egymnastics@inet.net.au](mailto:egymnastics@inet.net.au)

Debbs: [spiritgymnsports@hotmail.com](mailto:spiritgymnsports@hotmail.com)

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