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Phone (08) 6364 0334 | Fax (08) 9371 1044
Email | egymnastics@iinet.net.au
Website | www.spiritgymnsports.com.au



Issue 9 | September 2018

Spirit News

Welcome to Term 4!

As we head into the final term for 2018 Spirit Gym Sports would like to thank and congratulate you. Parents and family members, thank you for your continued support and all your assistance, dealing with a gymnast is not an easy task and takes many hours of love and patience. Athletes, thank you for your hard work and continued focus which will no doubt bring you success in your future. Coaches thank you for your enthusiasm and care for all Spirit members, your influence on your athlete's last's a lifetime. No matter what category you fall under we appreciate you and we thank you for a great 2018 and look forward to finishing it strong.

Spirit Gym Sports would also like to wish a big congratulations to Caroline Wickens and her husband who are expecting their first child in January!

As always if you have any questions or concerns please speak to you coach directly or contact Samantha at reception on 6364 0334 or egymnastics@iinet.net.au

Volunteer Section

We are always looking for volunteers & parents wanting to help and give back to the Club. From judging to floor managing at competitions there are several different volunteering opportunities throughout the year. If you are interested in volunteering at any of these events, please email Samantha at egymnastics@iinet.net.au for further information.

Judges Wanted!

Have you ever thought about judging gymnastics? Spirit need parent volunteers to help judge at competitions. There are many avenues that you can take, from beginner classes to advanced & FIG classes and it does not matter that you have never had any prior experience. We provide all the learning tools needed to pass the course, as well as **reimbursement** for the cost of the course. If you are interested, please email Debbs at debbsvanhagen@hotmail.com for more information.

Make-up lessons

Just a reminder that if your child is unwell and unable to attend a class please make sure you provide us with a medical certificate so that we can book them into a make-up lesson or provide a refund.

Bring a Friend – special offer!

Does your child wish to bring a friend to training? All recreational classes allow athletes to bring friends to 1 free session throughout the term (only for Hall 1 recreational classes). If you bring a friend along for a free trial, you will receive 50% off our club fleece! If one of those friends joins our club, you will receive the club fleece totally free!

Annual Theme: **‘Gymnastics does not build character, it reveals Character’**

Monthly Quote

“You don’t always get what you wish for, you get what you work for.”-
Mackenzie Caquatto

2018 Term Dates

T1: Monday 5th February –
Sunday 15th April

T2: Monday 30th April –
Sunday 1st July

T3: Monday 16th July –
Sunday 23rd September

T4: Monday 8th October –
Sunday 16th December

2018 Public Holidays

Queen’s Birthday –
Monday 24th September



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Save the date

Saturday December 15th will be our End of Year Display Day! Make sure to put this in your diary, it will be held at the Loftus Centre, 99 Loftus Street Leederville. Athletes will be learning their display routines within Term 4, if they are unable to attend please inform the coach straight away.

Aerobic Gymnastics

Spirit Gym Sports has a very successful aerobic gymnastics program with many Spirit athletes representing Western Australia at the National Championships each year. We are currently offering free trials of our Aerobic Gymnastics program held on Saturday's from 10:00am – 12:00pm for 8 - 13-year old's at Belmont. We also hold classes during the week at the Loftus Centre for ages 13+. Please contact Samantha at reception on 6364 0334 or egymnastics@inet.net.au to book.

Dance

Spirit Gym Sports wishes a big welcome to our new dance teacher Tammy Roberts! Tammy will be offering a dance class for all squad athletes on Friday's from 5:30pm – 7:30pm in Hall 1 with the cost being \$15.00 per session. Please contact Debbs Van Hagen at debbsvanhagen@hotmail.com if you would like to register for this class.

Wayan's Bali Massage

Spirit Gym Sports would like to welcome Wayan's Bali Massage to our family! We currently have flyers around the gym offering \$10.00 off your next treatment, they offer many different services including massage, reflexology, hot stone therapy, cupping & deep tissue. Please pop in and say hello, they are in the Hall 2 viewing area. Please contact them on 0422 390 569 to book.

Acrobatics 101

Acrobatics 101 is a new class that has commenced in Term 3. This class is being held on Saturday's from 12:30pm – 2:00pm and teaches children aged 6 – 12 to tumble. Please send your expression of interests to either debbsvanhagen@hotmail.com or egymnastics@inet.net.au

Birthday Parties

Do you have a child's birthday party coming up? Did you know that Spirit Gym Sports hosts gymnastics birthday parties? Up stairs in Hall 1 we have a birthday party room which can hold up to 30 children. The party consists of a 45 minute gymnastics class and 45 minutes in the party room with each child receiving a party bag! Please contact Samantha at reception on 6364 0334 or egymnastics@inet.net.au to enquiry about holding your next birthday party with us.

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Results Section

Rhythmic Judges Invitational

Level 3

- Kayla Tucknott - Free 6th – Rope 6th – Overall 6th
- Holly Tucknott – Hoop 5th

Level 4

- Elissa Campbell – Free 8th - Rope 6th – Hoop 6th – Clubs 4th – Overall 6th
- Emilee Menzel – Rope 8th – Hoop 8th

Level 5

- Layla Zhubayeva - Hoop 1st – Rope 3rd – Clubs 5th – Overall 3rd



Aerobics Judges Invitational

Age Group 2

- Emma Spence – 1st

WAG Series 3

Level 3

- Fiona Moores - Gold
- Sara Browne – Silver
- Tahlia Martin – Silver
- Annabel Christie-Stolt - Silver

Level 5

- Aleisha Patriarca – Vault 2nd – Beam 4th – AA 5th
- Keira Hughes – Vault 1st – AA 6th
- Halle Warne – Beam 6th – AA 10th



Perth International

Level 6

- Joy Wang – Free 7th – Clubs 7th – Ball 3rd – Ribbon 3rd – Overall 5th

Congratulations to Halle Warne, Kiera Hughes and Aleisha Patriarca who competed at the Perth international event at the end of August. Special mention to Aleisha Patriarca who qualified for the day 2 event!

Coach Details

Please contact Caroline, Debbs, or Samantha for any issues relating to training times, coaching issues and schedules.

Caroline: carolinewickens@outlook.com

Debbs: debbsvanhagen@hotmail.com

Samantha: egymnastics@inet.net.au

Phone: 6364 0334